



Newsletter

From the Principal....

Dear Parents and Guardians,

To begin Term 3, staff from our school joined with St Clare's School for a day of faith formation. We focused on St Francis of Assisi and how St Clare was a devoted follower of his, as well as a supportive and inspiring friend. St Francis was a devout Catholic who was known for his love of God and his compassion for all of creation. He founded the Franciscan Order, which is one of the largest religious orders in the world. St Francis was a radical thinker for his time. He believed that all people, regardless of their social status, were equal in God's eyes. He also believed that all of creation was sacred and should be treated with respect.

St Francis' work had a profound impact on the world. He inspired people to live simpler, more humble lives and to care for the poor and the marginalized. He also helped to promote a new understanding of the relationship between humans and the natural world. Our school is like St Francis in many ways.

We are committed to:

Poverty and simplicity: We value simplicity and frugality, and we are mindful of the resources we use.

Service to others: We believe that everyone has something to offer, and we encourage our students to serve others in need.

Peace and understanding: We promote peace and understanding among all people, regardless of their faith or background.

Love of nature: We encourage our students to appreciate and respect the natural world.

In addition to the above, our school also emphasises the following Franciscan values:

Joy: St Francis was known for his joyful spirit. He believed that we should all be happy and grateful for the blessings in our lives.

Compassion: St Francis was deeply compassionate for all of creation. He cared for the poor, the sick, and the marginalised.

Humility: St Francis was a humble man. He believed that we are all equal in God's eyes.

Our school strives to create a joyful and compassionate learning environment where all students feel valued and respected. We also encourage our students to be humble and to serve others.

As our Year 12 students finish their formal schooling at St Francis', we hope that as they move into their future endeavours, they will carry with them the values and skills that they have learned here. We hope that they will be joyful, compassionate and humble, care for others and make a difference in the world. We hope that they will continue to use their talents and abilities to help others and to make the world a better place. We wish them all the best as they embark on their post-school journey.

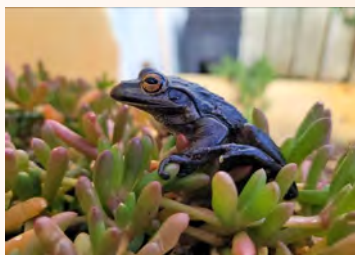
Book Week

Book Week 2023 was a huge success, with students celebrating the theme of 'Read, Grow, Inspire' through dress-up, storytelling competitions, and art competitions.

Highlights of the week were the dress-up parade and the art competition, where students designed their own book spines. The entries were incredibly creative and imaginative, and the judges had a difficult time choosing the winners.

Staff also shared their favourite books with students, inspiring them to read widely and to explore new genres.

Overall, Book Week 2023 was a wonderful celebration of the power of stories and the importance of reading.



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If your son or daughter is absent, please contact the school on 9262 4421 before 9:30am.

A medical certificate is required for absences of 2 or more consecutive days, or when requested by the school.

If you are picking up your son/daughter during school hours, please notify the school prior to your arrival.

You must come to Reception to sign them out. We will not allow them to leave school grounds without written or verbal permission.

Our Address:

10 Alloa Road
Maddington WA 6109

Phone: 08 9262 4421

Fax: 08 9262 4411

Absentees:

absentee@stfs.wa.edu.au

Email:

admin@stfs.wa.edu.au

Website:

www.stfs.wa.edu.au

From the Principal....continued

St Francis' Olympics

In Week 7 students and staff took part in St Francis' Olympics. On the Wednesday that week the focus was on individual performance and on the Friday the Olympics was a team event. The Olympics were a great success, with students and staff participating with enthusiasm and sportsmanship. The individual events were closely contested, and there were some very exciting competitions. The St Francis' Olympics are a great way to promote physical activity and sportsmanship among students and staff. They also provide an opportunity for students to participate in a modified Athletics Carnival.

As students move into Term 4, we hope they embrace the unknown and continue to engage with all the opportunities which our school has to offer.

God Bless
Sara Jennings
Principal



We have a new Indigenous shirt designed by our
Aboriginal Teaching Assistant Jessica Humes.

"I am a proud Noongar Yorga, and I have created this design to tell the story of connecting to community. This Indigenous design has been laid out to represent our school and the spirit of coming together.

During my time at St Francis' School, I have been privileged to witness a large amount of people from all different backgrounds come and join our school, building connections and becoming a part of our small community.

Keeping our school colours in mind I have incorporated the Orange and Grey into the design.

The orange represents the land we are on, Whadjuk Country (Maddington). Earthy oranges can be seen up in the hills of Ellis Brook Falls and around the city of Gosnells.



The groups of dots are a representation of outside community groups.

To the left the black section the dots are a representation of you as an individual.



To the right in the black section are the grey paths that connect by the dots representing the individuals coming together and connecting with one another

This symbol represents our community.



We wear the Tau Cross on our front as a visual statement of our pride to be a part of the St Francis' School community.

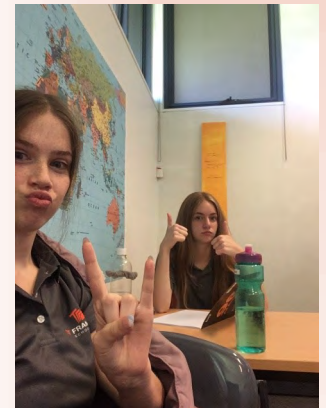
On the back the symbol represents our past and the history you leave behind.

The symbol on the shoulder is the community you create and take with you on your walk of life."



If you would like to order one for your son/daughter, please email admin@stfs.wa.edu.au

Around the School in Term 3...



Let us always meet each other with a smile, for a smile is the beginning of love.

Mother Teresa



IMPORTANT DATES

St Francis Day Celebrations...Sept 22

Last Day Term 3.....Sept 22
(Staff and Students)

St Francis Feast DayOct 4

First Day Term 4.....Oct 9
(Staff and Students)

Year 12 Graduation.....Oct 13

All Saints' Day.....Nov 1
All Souls' Day.....Nov 2

Remembrance Day.....Nov 11
White Ribbon Day.....Nov 17

Last Day for Year 11s.....Nov 24

Last Day Term 4 (students).....Dec 8
Last Day Term 4 (staff).....Dec 14

W.
S. O. C. I. A. L.
R.
K.
E.
R.

By Debbie Iacozza



Pastoral Team Staff Hours

To avoid disappointment please be advised the school pastoral team are unavailable after 4.30 pm each school day and on weekends.

Please also note that the Pastoral Team will not be available during the school holidays

If assistance is required please contact the relevant 24 hour support numbers below.:

Emergency 000 or go to any Hospital Emergency Department
Crisis Care: 9223 1111

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Mental Health Emergency Response Line: 1300
555 788

Youth Beyond Blue: 1300 224 636

Kids Help Line: 1800 551 800

Health Direct (information/advice): 1800 022 222



Respect Responsibility Belief Belonging

- The principles of St Francis' School -

Our School Prayer

St Francis,

*Help me to jump into this
day, full of joy and hope.*

*Help me to see every
problem as a learning
opportunity.*

*To myself and others, let
me show respect, act
responsibly, believe in
myself and learn to belong
to our school community.*

Amen

What are you thinking?

We have between 12-60,000 thoughts a DAY. This is 2,500 thoughts each hour or 42 thoughts each minute.

85% of these are negative

"I can't do this" "I look silly" "I'm not good enough"

95% of these thoughts are repetitive thoughts from the previous day

"I can't do this" "I look silly" "I'm not good enough"

Thoughts, feelings and behaviours are connected. It is our thoughts that create our feelings which influence our behaviours.

Our mind can be the biggest challenge and obstacle, yet we create these for ourselves with our thoughts. You will never speak to anyone more than you speak to yourself in your head. Be kind to yourself.

Practice on focusing on creating positive thoughts.

If we consciously catch a negative thought and say the opposite of what's in our head (even out loud) – "I can do this, I'm great, I'm good enough".

OR

If we commit to a small change in our behaviour we will challenge negative self-talk, create new patterns of thinking and feeling in our brain, encouraging belief and possibility for ourselves.

This term, the Year 11 Food class eagerly embraced the cherished tradition of the annual High Tea Bake Off. It was a delightful occasion that celebrated the art of indulging in delectable miniature cakes and savory sandwiches.

Charlie wowed the judges with her scrumptious bruschetta creation, earning well-deserved applause.



Not to be outdone, Leila's pulled pork sliders were a close contender, impressing all judges.

Leo showcased his culinary creativity by pairing delectable scones with flavourful fig jam, while Mackenzie boldly took on the challenge of crafting a mouthwatering apple strudel.



Wow what an amazing term of Art. The students have excelled in so many ways. The highlight was when the students went to view the Angelico Art Exhibition and saw their own art on the walls. So much art to enjoy.



Jungle Aishlynn Yr12



Purnululu
Cassie Yr11



Belle Yr10



Taj Yr11



Year 10 linos



Art at St Francis

by Mrs Helen Capsalis

At The Angelico Art Exhibition....



In The Workshop

by Mr David Willock

As part of the Certificate II Engineering Pathways programme, students design and build a project of their own choice.

A lot of planning goes into the final work piece, researching ideas, selecting materials, drawing plans and writing production processes. This activity also showcases their welding skills.

A couple of projects were completed this term and the quality of work was excellent.

Well done Matilda and Taj.



ABILITY
is what you're capable of doing

MOTIVATION
determines what you do

ATTITUDE
determines how well you do it



Vocational Education & Training

with Mrs Karen Young



2024 TAFE applications NOW OPEN

Applications for TAFE courses starting February 2023 are now open!

Visit www.southmetrotafe.wa.edu.au or

www.northmetrotafe.wa.edu.au for course information or to apply.



Year 10 Certificate II Work Skills

This term our Year 10 students have been making great progress through the Certificate II Skills for Work & Vocational Pathways qualification.

This term they have worked on units including work health & safety and using routine strategies for career planning.





SPORT & RECREATION

with Mr Simon Emmerson

"Don't let the fear of falling stop you from flying" Mackenzie, Y11

"Impossible is nothing" Mr Emmerson, staff

"I can do good things through Christ who strengthens me" Laurie, Y11

"Get out there and have some fun" Ms Alvaro, staff

This terms recreation calendar will culminate with the staff v students football match (soccer for the uneducated among us). This year maybe the first year the students have a sniff of victory due good numbers attending the two practice sessions facilitated by coach Louis from Pro-Football training. The form going into the game is good and the fitness and team cohesion has been cemented with a rigorous and varied recreation program this term.

Recreation has been part of the timetable since the inception of St Francis' School under the stewardship of our inaugural principal Mr Rory McNally. Rory's vision was to have the students out of the classroom and giving them an opportunity to recreate in the community.

As per the definition for recreation '**activity done for enjoyment when one is not working**'. The staff have endeavoured to honour that definition by accompanying the students to the Adrenaline Vault for indoor rock climbing, Table tennis at Top spin in west Perth, as mentioned above football sessions with Pro-Football Training, intense games of floorball, badminton, Indoor soccer at Hartfield and Cannington recreation centres.



Also, we had the annual St Francis' Olympics in week 7. With good weather both days we were able to do plenty of running, jumping and throwing on the Wednesday where we found out our champion individual athletes. Well done to Orcadia, Jeremy, Charlie, Leo, Belle, and Liam for their winning efforts and to all participants for willing giving it a go. On Friday we had the year group team sports which saw the Y11's rise to the top being crowned champions of relay races, soccer, and volleyball.

Well done to all students for the terms efforts and an equal thank you to the staff for their involvement with the recreation program.



Further to the above mention of the Staff v Students Football Game for the St Francis Day Cup, the final result was.....

Staff defeated Students

3-1





Youth Worker News

with Alex Mubanga

Dear St Francis' School Community,

I trust you are well and brimming with the same excitement and pride that I am as we reflect on the incredible involvement of our students in various excursions and activities within our school community. It's been an amazing term 3, and I'm thrilled to share some highlights with you all.

Exploring the Great Outdoors.

Our students have truly embraced the spirit of adventure this year. From hiking trips to local nature reserves in the nearby woods. These excursions have not only allowed them to connect with nature but have also fostered teamwork, resilience, and a love for the environment. Kudos to our young naturalists!



Cultural Immersion and Learning

Providing a well-rounded education extends beyond the classroom. Our students have had the incredible opportunity to immerse themselves in various cultures through workshops within and external facilitators. Witnessing their enthusiasm for learning about different traditions and histories has been truly heart-warming.



We had Sensei Nigel demonstrating stretching and self-defence Kyokoshin karate techniques for ARE U OK! Day.



Arts and Creative Expression

Creativity knows no bounds within our school community. Our students have dazzled us with their artistic talents, participating in art exhibitions. The arts not only provide a platform for self-expression but also teach discipline and teamwork – skills that will undoubtedly serve them well in the future.

And finally, to the year 12 that just finished this term - Thank you for being a part of this incredible journey. It's not just about the destinations we reach but the experiences we gather along the way. We wish you all the best and we trust you've been empowered to become the leaders, innovators, and change-makers of tomorrow.

Here's to a future filled with endless possibilities, and to our incredible students who continue to inspire us every day!

Warm regards,
Alex Mubanga
Youth Worker.



From the STFS Admin Team...

STFS Administration will be closed from 4pm Friday 22nd September reopening on Friday 6th October 2023. Should you have any queries during this time, please call and leave a message or alternatively, please email admin@stfs.wa.edu.au

Take some time for yourself, get outside and enjoy this beautiful weather.
Have a safe school holidays.

Kate & Jodi
STFS Admin



School
F E E S

IMPORTANT NOTICE ABOUT SCHOOL FEES

Full payment for school fees are now overdue unless you have an Approved Payment Arrangement.

If you are unable to [pay your fees in full by the end of November](#), please contact Jodi on 9262 4421 to arrange a payment plan as soon as possible.

A huge **Thank you** to those parents who have paid their 2023 fees or have organised a payment plan. Your cooperation is greatly appreciated.

Students Leaving Early

At STFS, we encourage our students to take responsibility for themselves and their actions. At times, we have students calling or messaging parents during classes or break times asking to be picked up or to leave the school and go home.

Should students feel the need to go home (for whatever reason), we ask that they speak to their Advocate Teacher or a member of the Pastoral Care Team who will try and provide support and encourage them to stay at school.

If a student needs to go home or be picked up, parents will be contacted by a member of staff who will advise of the situation and seek approval for the student to be dismissed from school.

Please do not hesitate to contact the school when you receive a call or message from your son/daughter. We are happy to work with them so they can remain at school for as long as possible.